

Vital Human Community *FELDENKRAIS*[®] Clinic

Vital Human *Feldenkrais* Teachers

Kim Cottrell

NE/Hollywood District
3939 NE Hancock, Ste 212
kim@kimcottrell.com
www.kimcottrell.com
503.890.6865

Specialty: self-image,
communication disorders,
grief, walking

Background:
speech pathologist,
walking coach



Joan McMillen

Downtown/NW
833 SW 11th Ave, Ste 1012
joanmcmillen@mcn.net
www.joanmcmillen.com
503.421.9513

Specialty: creativity,
bringing imagination to life,
story-telling, musicians

Background: musician,
composer, performer, teacher



Joanna Cutler

Downtown/SE
833 SW 11th Ave, Ste 1012
cutlerjoanna@gmail.com
www.movedtolearn.com
503.956.5842

Specialty: graceful aging,
workplace posture,
mother/baby

Background:
communications,
chronic pain recovery



Johanna Rayman

N/NE Portland
2325 E Burnside St
johanna@johannarayman.com
www.johannarayman.com
503.380.5437

Specialty: cultivating active
lifestyles, trauma recovery

Background: licensed
clinical social worker (LCSW),
bilingual Spanish



Low-Fee *Feldenkrais* Clinic Monthly, 3rd Sunday

by appointment only, beginning February 2010

to schedule, visit www.vitalhuman.org

45-minute lessons, 12:30-4:30pm

\$15-25 sliding scale

Hipbone Studio
1847 E Burnside #104
Portland, Oregon 97214

See individual websites for detailed class and workshop information.